KS4

CYCLE 1 — INDEPENDENT LIVING ENTRY LEVEL 3 & PRE-ENTRY COMPUTING

	Autumn		Spring		Summer	
IL Entry Level 3 Household skills	Food safety and storage	Exploring performance	Household shopping		Everyday food and drink preparation	
IL Entry Level 3 Accessing community facilities	Using public transport – Buses & Trains		Accessing Helping Services		Accessing Health Services	
IL Entry Level 3 – Options Leisure Activities	Exploring music or Exploring Dance		Computer games or Exploring Art		Accessing the countryside or Observing and Encouraging birds	
Computing	Digital Documents		Digital Communications		Digital devices and the internet	
RSHE Ascentis: Personal care / Rights & Responsibilities / Personal Development	Personal care & Hygiene *Ascentis: Personal care & Hygiene	Appropriate and inappropriate touch	Growing up & Changes	Feelings, Emotional confusion	Love, respect & Gender Stereotypes	Celebrating our differences *Ascentis: Living in a diverse society
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	

CYCLE 2 — INDEPENDENT LIVING ENTRY LEVEL 3 & PRE-ENTRY COMPUTING

	Autumn		Spring		Summer	
IL Entry Level 3 Household skills	Basic cooking techniques	Exploring performance	Household Expenses		Independent Living	Recycling, Managing Waste
IL Entry Level 3 Accessing community facilities	Getting about safely		Accessing Leisure Services		Knowing your local area	
IL Entry Level 3 – Options Leisure Activities	Exploring music or Exploring Dance		Participation in Team Activities or Exploring Art		Gardening for pleasure or Outdoor pursuits	
Computing	Digital devices and the internet		Digital awareness and internet safety		Digital awareness and internet safety	
RSHE Ascentis: Personal care / Rights & Responsibilities / Personal Development	This is who I am *Ascentis: Personal awareness	Relationships, Life Events &Reproduction *Ascentis: Understanding relationships	Keeping safe *Ascentis: Personal safety	What areas and spaces are private. How to say No	Healthy lifestyle *Ascentis: Eating a balanced diet & Health and Fitness	Wellbeing & Mental Health. *Ascentis: Personal Health
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	