KS5

CYCLE 1

LIFE SKILLS

	Autumn		Spring		Summer	
Life skills Yourself and others	Likes / Dislikes Making choices	Panto	Sharing opinions	Sharing news	Chatting with peers	Appropriate social behaviour
Life skills Keeping Healthy and Safe	Taking care of yourself		Being safe at home		Dealing with emergencies	
Options	Internal work experience		Internal work experience		Internal work experience	
SPARKS	All about me	How I feel / How I communicate	Interact with friends	Taking turns	Asking for help	Sharing opinions
RSHE *Ascentis: Life skills – Understanding Relationships (LS-UR)	Personal care & Hygiene	Appropriate and inappropriate touch **LS-UR 2"	Growing up & Changes	Feelings, Emotional confusion	Love, respect & Gender Stereotypes **LS-UR 3"	Celebrating our differences
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	

KS5

LIFE SKILLS

CYCLE 2

	Autumn		Spring		Summer	
Life skills Community and Leisure	Taking part in a leisure activity		Finding and using services in the community (Advisory / Health)		Finding and using services in the community (Money / Retail)	
Life skills Time and money	Managing Your Time	Panto	Using Money		Using Money	
Options	Internal work experience		Internal work experience		Internal work experience	
SPARKS	All about me	How I feel / How I communicate	Interact with friends	Taking turns	Asking for help	Sharing opinions
RSHE *Ascentis: Life skills – Understanding Relationships (LS-UR)	This is who I am	Relationships, Life Events & Reproduction **LS-UR 1*	Keeping safe **LS-UR 4*	What areas and spaces are private. How to say No	Healthy lifestyle	Wellbeing & Mental Health.
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	

KS5

LIFE SKILLS

CYCLE 3

	Autumn		Spring		Summer	
Life skills Learning skills	Identifying and setting learning targets (Maths & Literacy)	Panto	Improving skills in target areas		Reviewing targets	
Life skills Carrying out a practical activity	Planning and Executing – Going shopping		Planning and Executing – Making a meal		Planning and Executing – Household chores	
Options	Internal work experience		Internal work experience		Internal work experience	
SPARKS	All about me	How I feel / How I communicate	Interact with friends	Taking turns	Asking for help	Sharing opinions
RSHE	Personal care & Hygiene	Appropriate and inappropriate touch	Growing up & Changes	Feelings, Emotional confusion	Love, respect & Gender Stereotypes	Celebrating our differences
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	

KS5

EMPLOYABILITY SKILLS

CYCLE 1

	Autumn		Spring		Summer	
Employability Skills -	Making career choice (2)		Dealing with problems in the workplace (2)		Working with Others (2)	
	Action Plan to Improve Performance (2)	Performance / Panto	Health and Safety Procedures in the Workplace (2)		Looking and Acting the Part in the Workplace (2)	
Employability skills – Options (Work experience)	Group B units – Pupil's choice Working in hospitality or Working as a caretaker		Group B units – Pupil's choice Working in an office or Working as a cleaner		Group B units – Pupil's choice Working with animals or working in horticulture	
RSHE	Personal care & Hygiene	Appropriate and inappropriate touch	Growing up & Changes	Feelings, Emotional confusion	Love, respect & Gender Stereotypes	Celebrating our differences
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	

KS5

CYCLE 2

EMPLOYABILITY SKILLS

	Autumn		Spring		Summer	
Employability Skills	Decision Making in the Workplace (2)	Performance / Panto	Managing Money (2)		Building Confidence and Self Esteem (2)	
	Using ICT Skills in a Workplace (2)		Travelling to and from Work (2)		Using Communication Skills in a Workplace (2)	
Employability skills – Options (Work experience)	Group B units – Pupil's choice / work experience		Group B units – Pupil's choice		Group B units – Pupil's choice	
RSHE	This is who I am	Relationships, Life Events & Reproduction	Keeping safe	What areas and spaces are private. How to say No	Healthy lifestyle	Wellbeing & Mental Health.
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	

KS5

CYCLE 3 EMPLOYABILITY SKILLS

	Autumn		Spring		Summer	
Using Employability Skills Entry Level 1, 2 or 3	Follow Instructions in the Workplace (2)	Performance / Panto	Preparing for and Taking Part in an Interview (2)		Using Reading Skills in a Workplace (2)	
	Applying for Jobs and Courses (2)		Using Writing Skills in a Workplace (2)		Using Number Skills in a Workplace (2)	
Employability skills – Options (Work experience)	Group B units – Pupil's choice		Group B units – Pupil's choice		Group B units – Pupil's choice	
RSHE	Personal care & Hygiene	Appropriate and inappropriate touch	Growing up & Changes	Feelings, Emotional confusion	Love, respect & Gender Stereotypes	Celebrating our differences
Enterprise projects	Christmas enterprise		Easter enterprise		Summer enterprise	