

1st March 2021

Dear families

As we return to full time learning from 8th March, I would like to take this opportunity to remind you that many of our students in school have allergies and the rules about what food cannot be sent into school for your child's snack or packed lunch. With regard to sandwiches/packed lunch, we trust that you will follow the rules and keep others in your child's class and school safe?

The following items are forbidden under any circumstance:-

- Any type of nut
- Food that contains nuts (this will include such things as Snickers chocolate bar for example)
- Any spreads which contain nuts such as peanut butter or Nutella/chocolate spread

If you send in any spreads for school, to use as part of your child's snack, the contents must be in the original container and new and unopened when the container is brought to school.

If your child is based in Apollo then the following apply and must not come in school:-

- Nuts (see list above)
- Bananas
- Fish

As I am sure you will be aware, children with allergies can have extreme reactions to the things they are allergic to and we want to ensure that we make the school environment as safe as possible in this respect.

I hope you will understand the need to be so strict and thank you in advance for your cooperation in this matter.

Yours sincerely



Leigh Edser
Principal