

**Dysart School – PSRE and RSE
Curriculum Themes
4 Years Cycle KS1 – 3**

	Key Stage 1 – 3
YEAR 1 – 2020-21	
Autumn	This is who I am
Spring	Safe and Healthy Lifestyle
Summer	Growing up and changes
YEAR 2 – 2021-22	
Autumn	Love, Respect and Gender Stereotypes
Spring	Appropriate and Inappropriate Touch
Summer	Celebrating our differences
YEAR 3 – 2022-23	
Autumn	Feelings, Emotional confusion
Spring	What areas and spaces are private? How to say NO
Summer	Reproduction
YEAR 4 – 2023-24	
Autumn	Relationships and Life Events
Spring	Wellbeing and Mental Health
Summer	Personal care and Hygiene

Dysart School – RSE Curriculum Themes 3 Years Cycle Post 14

Post 14	
YEAR 1 – 2020-21	
Autumn 1	This is who I am
Autumn 2	Personal Care and Hygiene
Spring	Safe and Healthy Lifestyle
Summer	Changes during puberty
YEAR 2 – 2021-22	
Autumn 1	Relationships and Life Events
Autumn 2	Love, Consent and Gender Stereotypes
Spring	Appropriate and Inappropriate Touch
Summer	Celebrating our differences
YEAR 3 – 2022-23	
Autumn 1	Feelings and emotional confusion
Autumn 2	Wellbeing and Mental Health
Spring	What areas and spaces are private? How to say NO
Summer	Reproduction