

Red – Personal progress entry 1 independent living entry 1 Yellow – personal progress entry 1 independent living 1 or 2

Blue – personal development entry 3 independent living entry 2 or 3 work preparation entry 3

Cycle	Areas of coverage	Autumn Term	Spring term	Summer Term
Year 1 (2020-2021) (2023-2024) (2026-2027)		Pantomime/Play	Community DIY landscape project	People Who Help Us
	Further/Higher education English literary & Numeracy skills	Literacy coverage – stories, plays	Literacy coverage – Instructions	Literacy coverage – recounts/reports
		Numeracy coverage – sequencing, Geometry – properties of shapes	Numeracy coverage – shape, measure, distance	Numeracy coverage – financial capacity and time
		Literacy and math's objectives threaded through all sessions, including community trips		
	Community and friendships	Links to TT, weekly visits to shops, community places etc.		
	Independence and independent living	Links to Life skills		
	Maintaining good health	Links to hobbies and Emotional regulation PE rotation (St Philips gm, Tolworth gym, community trips, daily workouts, yoga, healthy eating, nest)		
	Travel training	Getting About Safely	Living in the Community	Accessing Helping Services
	Leisure and hobbies	Student led-choice Exploring Performance or Participation in team activities	Student led-choice Gardening for Pleasure Or Accessing the countryside	Student led-choice Eating Out Or Exploring Dance
	Life skills	Independent Living	Safety and Storage Or Recycling and managing waste	Household shopping Or Using domestic appliances
	Emotional regulation	SCERTS	SCERTS	SCERTS
	PSHE/ RSE	Personal Presentation Volunteering This is who I am Personal care and Hygiene	Choosing clothing and footwear Environment issue Safe and healthy lifestyle	Law and Order Living in a Diverse Society Growing up and changes
	Enterprise	Seasonal cards Panto/performance advertisements and programmes	Seasonal cards Nature collages/Art prints Flowers and plants Decorated plant pots	Seasonal cards Thank you card Lunch meals Community cafes
	Work experiences	Experiences offered within school and out of school (café, church, barbers etc.)		
College	Richmond college experience			

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Cycle	Areas of coverage	Autumn Term	Spring term	Summer Term
Year 2		<i>Fundraising and Charity</i>	<i>Our Planet</i>	<i>My Community</i>
(2021-2022)	Further/Higher education English literary & Numeracy skills	Literacy coverage – stories, recounts and reports	Literacy coverage – poetry and instructions	Literacy coverage – stories and instructions
(2024-2025)		Numeracy coverage – Financial capacity, size and dimension	Numeracy coverage – capacity and volume, shape and position	Numeracy coverage – position and direction, shape and pattern
		Literacy and math's objectives threaded through all sessions, including community trips		
(2027-2028)	Community and friendships	Links to TT, weekly visits to shops, community places etc.		
	Independence and independent living	Links to Life skills		
	Maintaining good health	Links to hobbies and Emotional regulation PE rotation (St Philips gm, Tolworth gym, community trips, daily workouts, yoga, healthy eating, nest)		
	Travel training	Accessing Financial Services	Knowing your local area	Using Public transport & buses Using public transport- taxis
	Leisure and hobbies	Student led-choice Exploring Art Or Hobbies	Student led-choice Outdoor Pursuits Or Pet Care	Student led-choice Exploring Music Or Observing & encouraging bird
	Life skills	Kitchen Hygiene Make a simple Meal	Household Cleaning Recycling, managing waste	Household Expenses Household expenses
	Emotional regulation	SCERTS	SCERTS	SCERTS
	PSHE/ RSE	Working as a volunteer Understanding rights and responsibilities Love, Respect and Gender Stereotypes Relationships and Life Events	Looking after clothes Personal Safety Appropriate and Inappropriate touch	Personal Health Health and Fitness Celebrating our differences
	Enterprise	Seasonal cards Shoe boxes Care packages Charity fundraising Helping others (shopping)	Seasonal cards Popery/fragrances Junk models Recycled jewellery Up-cycling	Seasonal cards Art of local areas, buildings Art project Lunch enterprises Photography art
	Work experiences	Experiences offered within school and out of school (café, church, barbers etc.)		
	College	Richmond college experience		

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Cycle 3	Areas of coverage	Autumn Term	Spring term	Summer Term
Year 3 (2022-2023) (2025-2026) (2028-2029)		Festivals and Celebrations	My Voice (opinions & choices)	Adulthood
	Further/Higher education Numeracy coverage English literary &	Literacy coverage – poetry and stories	Literacy coverage – Letters & postcodes/ emails	Literacy coverage – instructions, recounts & reports
		Numeracy coverage – shape & pattern, capacity & volume	Numeracy coverage – financial capacity, position & direction	Numeracy coverage – time, size & dimension
		Literacy and math's objectives threaded through all sessions, including community trips		
	Community and friendships	Links to TT, weekly visits to shops, community places etc.		
	Independence and independent living	Links to Life skills		
	Maintaining good health	Links to hobbies and Emotional regulation PE rotation (St Philips gm, Tolworth gym, community trips, daily workouts, yoga, healthy eating, nest		
	Travel training	Living in the community	Accessing Leisure Services	Accessing Commercial Services
	Leisure and hobbies	Student led-choice Exploring Music Or Exploring Art	Student led-choice Computer Games Or Student-led decision (my choice)	Student led-choice Outdoor Pursuits Or Eating Out
	Life skills	Basic Cooking techniques Everyday food & drink preparation	Make a simple meal Household shopping	Household Expenses Use Domestic Appliances Independent living
	Emotional regulation	SCERTS		SCERTS
	PSHE/ RSE	Eating a Balanced Diet Choosing clothing & footwear Feelings and emotional confusion Wellbeing and Mental Health	Choosing clothing & footwear Understanding my rights & responsibilities What areas and spaces are private? How to say NO?	Drug & Alcohol Awareness Personal care & Hygiene Reproduction
	Enterprise	Christmas Fayre Food experiences Celebration postcards Festive Holidays cards Gifts for parents/guardians	Seasonal cards Student led art project Portraits Prom Student ideas?	Seasonal cards Goodbye cards Photo collages Film project Movie night
Work experiences	Experiences offered within school and out of school (café, church, barbers etc.)			
College	Richmond college experience			

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Ascentis Personal Development Modules:

Post 14 students are to complete multiple personal development a year during their Ascentis focused academic year specific sessions on a Thursday afternoon. Each year group will have a specific focus, relevant to that particular academic year.

Year 10 Personal Progress Modules (Focus: transitioning from Upper School)
Developing learning skills: learning to learn
Developing self-awareness: all about me
Encountering Experiences: being a part of things
Engaging with the World around you: People
Engaging with the World around you: Events
Engaging with the World around you: objects

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Year 11 Personal Progress Modules (Focus: Developing My Skills)	
Early Mathematics: developing number skills	Understanding what money is used for
Early Mathematics: measure	Developing Communication Skills
Early Mathematics: shape	Developing Reading Skills
Early Mathematics: sequencing and sorting	Developing writing skills
	Developing ICT Skills

Year 12 Personal Progress Modules (Focus: My Community)
Travel within the Community: Going Places
Developing Community Participation Skills: Getting out and about
Using Local Health Services
Rights and Responsibilities: Everyone matters
Getting on with other People

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Year 13 Personal Progress Modules (Focus: work related learning)

Developing Skills for the Workplace: getting things done

Developing Skills for the Workplace: Health and safety

Developing Skills for the Workplace: Following Instructions

Developing Skills for the Workplace: Looking and Acting the Part

Dealing with Problems

Recycling, Managing Waste

Year 14 Personal Progress Modules (Focus Leaving school)

Developing Independent Living Skills: Being Healthy

Developing Independent Skills: Having your say

Developing Independent Skills: Keeping safe

Developing Independent Skills: Looking after your own home

Health & Fitness

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Personal Progress Modules (Met in other areas)	
Basic cooking Techniques	Meal prep
Everyday food and Drink Preparation	Meal prep
Exploring Art	Art
Exploring Dance	PE
Exploring Music	Music
Making a simple meal	Meal prep
Kitchen Hygiene	Meal prep

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Session	Independent Living Modules	Topic Relevancy	Related personal development modules
Travel training	Living in the Community	Residential/trip, all about me,	Developing Learning Skills: learning to learn, Travel within the community: going places, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Using Local Health Services, Developing communication skills, Developing reading skills,
	Accessing Health Services	All about me, residential/trip	Developing Learning Skills: learning to learn, developing independent living: being healthy, Developing Community Participation Skills: Getting Out and About, Using Local Health Services, Developing communication skills, Developing reading skills,
	Getting about Safely	Money project, All about me, residential/trip	Developing Learning Skills: learning to learn, Travel within the community: going places, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Accessing Financial Services	Money project, Christmas charity, DIY project	Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Developing communication skills, Developing reading skills,
	Using Public Transport –Buses and Trains	residential/trip, all about me	Developing Learning Skills: learning to learn, Travel within the community: going places, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Accessing Commercial Services	residential/trip, Christmas charity, spring/summer party, DIY project	Developing Learning Skills: learning to learn, Travel within the community: going places, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Accessing Leisure Services	residential/trip,	Developing Learning Skills: learning to learn, Travel within the community: going places, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Knowing Your Local Area	All about me, Christmas charity	Developing Learning Skills: learning to learn, Travel within the community: going places, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,

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	Using Public Transport – Taxis	residential/trip, all about me	Developing Learning Skills: learning to learn, Travel within the community: going places, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Accessing Helping Services	All about me	Developing Learning Skills: learning to learn, Travel within the community: going places, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Using Local Health Services, Developing communication skills, Developing reading skills,
Leisure & Hobbies	Accessing the Countryside	residential/trip, DIY project	Developing Learning Skills: learning to learn, Travel within the community: going places, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Eating Out	residential/trip, money project, spring/summer party	Developing Learning Skills: learning to learn, developing independent living: being healthy, Travel within the community: going places, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Engaging with the world around you: objects, Developing communication skills, Developing reading skills,
	Outdoor Pursuits	residential/trip, DIY project, money project	Developing Learning Skills: learning to learn, Travel within the community: going places, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills,
	Pet Care	DIY project, money project	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
	Hobbies	All about me	Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
	Participation in Team Activities	All about me	Developing Learning Skills: learning to learn Early mathematics: developing number skills, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Encountering experiences:

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			being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,
Computer Games	All about me		Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing ICT skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
Exploring Dance	All about me, panto		Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Exploring Dance, Developing self-awareness: all about me, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,
Exploring Art	All about me, panto		Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Exploring Art, Developing self-awareness: all about me, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,
Exploring Music	All about me, panto		Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Exploring Music, Developing self-awareness: all about me, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,
Exploring Performance	All about me, panto		Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,
Observing and Encouraging Birds	All about me, residential/trip		Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,

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	Gardening for Pleasure	All about me, DIY project, money project	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
Life Skills	Independent Living	All about me, residential/trips	Developing Learning Skills: learning to learn, developing independent living: being healthy, Travel within the community: going places, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Using Local Health Services, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Developing Independent Living Skills: Keeping Safe, Developing Independent Living Skills: Looking After your Own Home, Developing Independent Living Skills: Having Your Say, Rights and responsibilities: Everybody matters, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people, Developing writing skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
	Kitchen Hygiene	Spring/summer party, residential/trips, money project	Developing Learning Skills: learning to learn, developing independent living: being healthy, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Kitchen Hygiene
	Household Expenses	Spring/summer party, money project, residential/trips	Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing writing skills,
	Recycling, Managing Waste	money project, DIY Project	Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Recycling, Managing Waste
	Basic Cooking Techniques Food	Spring/summer party, Christmas charity	Developing Learning Skills: learning to learn, developing independent living: being healthy, Early mathematics: developing number skills, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Kitchen Hygiene, Making a Simple Meal, Basic Cooking Techniques,

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	Safety and Storage	Spring/summer party, Christmas charity, DIY project, money project	Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Engaging with the world around you: objects, Developing communication skills, Developing reading skills,
	Household Cleaning	Residential/trips, money project, DIY project	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills,
	Everyday Food and Drink Preparation	Spring/summer party, residential/trips, money project	Developing Learning Skills: learning to learn, developing independent living: being healthy, Early mathematics: developing number skills, Understanding what money is used for, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Kitchen Hygiene, Making a Simple Meal, Everyday Food and Drink Preparation,
	Household Shopping	Residential/trips, money project, DIY project	Developing Learning Skills: learning to learn, developing independent living: being healthy, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing writing skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
	Make a Simple Meal	Spring/summer party, Christmas charity, all about me	Developing Learning Skills: learning to learn, developing independent living: being healthy, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Kitchen Hygiene, Making a Simple Meal, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
	Using Domestic Appliances	Residential/trips, money project, DIY project	Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Engaging with the world around you: objects, Developing communication skills, Developing reading skills,
PSHE/RSE	Personal Health	All about me,	Developing Learning Skills: learning to learn, developing independent living: being healthy, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Dealing with problems
	Choosing Clothing and Footwear	All about me, Spring/summer party, panto, money project, DIY project	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
	Personal Care and Hygiene	All about me,	Developing Learning Skills: learning to learn, developing independent living: being healthy, Developing communication skills, Developing reading skills,

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Personal Presentation	All about me, Spring/summer party, panto, money project, DIY project	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
Looking after Clothes	All about me, Spring/summer party, panto, money project, DIY project	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Early mathematics: shape, Early mathematics: sequencing and sorting, Early mathematics: measure, Early mathematics: position,
Drug and Alcohol Awareness	All about me,	Developing Learning Skills: learning to learn, developing independent living: being healthy, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Dealing with problems
Eating a Balanced Diet	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip	Developing Learning Skills: learning to learn, developing independent living: being healthy, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Kitchen Hygiene, Making a Simple Meal, Developing self-awareness: all about me,
Personal Safety	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip	Developing Learning Skills: learning to learn, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Developing self-awareness: all about me, Dealing with problems, Developing Independent Living Skills: Keeping Safe, Developing Independent Living Skills: Looking After your Own Home, Developing Independent Living Skills: Having Your Say, Rights and responsibilities: Everybody matters,
Health and Fitness	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip	Developing Learning Skills: learning to learn, developing independent living: being healthy, Engaging with the world around you: objects, Developing reading skills, Health and Fitness, Developing self-awareness: all about me,
Working as a Volunteer	All about me, Spring/summer party, panto, money project, DIY project, residential/trip	Developing Learning Skills: learning to learn, Developing Community Participation Skills: Getting Out and About, Engaging with the world around you: objects, Developing communication skills, Developing reading skills, Dealing with problems, Developing Independent Living Skills: Keeping Safe, Developing Independent Living Skills: Looking After your Own Home, Developing Independent Living Skills: Having Your Say, Rights and

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			responsibilities: Everybody matters, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people, Developing writing skills, Developing Skills for the Workplace: Looking and Acting the Part, Developing Skills for the Workplace: Following Instructions, Developing Skills for the Workplace: Health and Safety, Developing Skills for the Workplace: Getting Things Done,
Volunteering	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip		Developing Learning Skills: learning to learn, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills, Dealing with problems, Developing Independent Living Skills: Keeping Safe, Developing Independent Living Skills: Looking After your Own Home, Developing Independent Living Skills: Having Your Say, Rights and responsibilities: Everybody matters, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people, Developing Skills for the Workplace: Looking and Acting the Part, Developing Skills for the Workplace: Following Instructions, Developing Skills for the Workplace: Health and Safety, Developing Skills for the Workplace: Getting Things Done,
Law and Order	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip		Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Developing communication skills, Developing reading skills, Dealing with problems, Rights and responsibilities: Everybody matters, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,
Understanding Rights and Responsibilities	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip		Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Using Local Health Services, Developing communication skills, Developing reading skills, Dealing with problems, Rights and responsibilities: Everybody matters
Living in a Diverse Society	All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip		Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Using Local Health Services, Developing communication skills, Developing reading skills, Dealing with problems, Developing Independent Living Skills: Keeping Safe, Developing

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			<p>Independent Living Skills: Looking After your Own Home, Developing Independent Living Skills: Having Your Say, Rights and responsibilities: Everybody matters, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people, Developing Skills for the Workplace: Looking and Acting the Part, Developing Skills for the Workplace: Following Instructions, Developing Skills for the Workplace: Health and Safety, Developing Skills for the Workplace: Getting Things Done,</p>
	<p>Environmental Issues</p>	<p>All about me, All about me, Spring/summer party, panto, money project, DIY project, residential/trip</p>	<p>Developing Learning Skills: learning to learn, Early mathematics: developing number skills, Understanding what money is used for, Developing Community Participation Skills: Getting Out and About, Using Local Health Services, Developing communication skills, Developing reading skills, Dealing with problems, Developing Independent Living Skills: Keeping Safe, Developing Independent Living Skills: Looking After your Own Home, Developing Independent Living Skills: Having Your Say, Rights and responsibilities: Everybody matters, Encountering experiences: being a part of things, Engaging with the world around you: events, Engaging with the world around you: people, Getting on with other people,</p>