

9<sup>th</sup> June 2020

Dear families

I hope this email finds you well.

I just wanted to send another update to highlight current isolation periods in regards to suspected/confirmed Coronavirus with the addition of the new symptom.

### **Symptoms**

These currently include anyone in your home who is displaying any of these symptoms:

- a new continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

and / or

- a high temperature - this means you feel hot to touch on your chest or back (if you are not able to measure temperature)
- loss or change to your sense of smell or taste - this means you've noticed that you cannot smell or taste anything, or things smell or taste different to normal.

Although this is a symptom that adults may be more aware of, we appreciate this symptom is more difficult to diagnose with our students. If you are worried in regards to your child's appetite, sensory changes to food they would usually enjoy/avoid please do discuss this with School/School nurse.

If any members of your family/household are displaying any of these symptoms you will need to self-isolate for 14 days from the day the first family member's symptom(s) started. This is because it can take 14 days for the virus to spread within your household and for any symptoms to appear.

If your child is attending school and your child, or anyone in your household, has any symptoms of Coronavirus please inform school immediately so that we can take the appropriate action/seek advice in regards to the protection of the staff and students within your child's 'bubble'.

Currently testing is available for anyone symptomatic and can be booked online via:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/ask-for-a-test-to-check-if-you-have-coronavirus/>

If you have been tested: please call the school in regards to the result, and for confirmation as to when it is safe for your child to return to school.

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## Shielding

To all our families who are shielding please be aware that the Government is currently advising people to shield until 30th June 2020, and are regularly monitoring this position.

More details can be found on the gov.uk website:

<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

Thank you for your continued support and understanding during these tricky times.

Yours sincerely

*Jodie Cullen*

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